

MISSION STATEMENT

Teaching the Art of Dance and the Science of Movement

Age appropriate choreography, music & costumes

Our focus at the Academy is to teach dance technically correct, with efficiency and injury prevention in mind. Applying what is appropriate physically for young bodies, we hope to keep them healthy throughout their dancing life and beyond.

Our goal is to nurture them, positively encourage a passion for dance and provide knowledge that will help them endure the physical, mental and emotional stress of dance training. Since dance is a performing art form, we are dedicated to giving our students positive performing experiences that will build self-confidence.

Teaching the child within the dancer keeps things in perspective. Allowing individual growth and establishing healthy work ethics is a strong foundation for life skills. Dance is a valuable education that provides a healthy outlook on physical well-being, with mental and emotional stimulation that sets the stage for a successful future.

The fact that we have both a passion for dance and a great love for children only enhances what we do at the Academy of Dance Arts!